

## Morning Traditions

All traditional favorites come with your choice of a famous Rykse's cinnamon roll, muffin, or our bakery fresh toast. (Substitute egg beaters, add 50¢)

### Eggs, Any Style\*

This hearty beginning features two farm fresh eggs your way, hash browns and your choice of bacon, sausage links, ham or turkey sausage patties. \$6.99

### Two-by-Four\*

Two farm fresh eggs, any style, sided with your choice of bacon, sausage links, ham or turkey sausage patties. \$5.89

### Three-in-One\*

Two farm fresh eggs, any style, and hash browns. \$5.79

### Eggs and Toast\*

Two farm fresh eggs served with toast, muffin or cinnamon roll \$3.99

### Rykse's Fresh Corn Beef Hash\*

We start with Brinkmans lean corn beef add our rosemary redskin potatoes, fresh sauteed peppers and vidalia onions and you have some flavors to savor. Served with our bakery fresh toast, muffin or cinnamon roll. \$7.29

## Rise and Shine Omelettes

All omelettes served with our Rosemary Redskin Potatoes or our fresh hash browns and choice of toast, muffin, pancake or a Rykse's cinnamon roll. (Substitute egg beaters, add 75¢)

### Butcher Shop

The meatiest around! Diced ham, bacon and sausage folded into farm fresh eggs. Topped with melted Jack and Cheddar cheese. \$8.49

### Supreme

A taste-tempting blend of onions, potatoes, diced ham, Jack and Cheddar cheeses, topped with sour cream. \$7.99

### Spinach Souffle Omelette

A family favorite! A creamy mixture of spinach, American cheese, onion, mushrooms, rice and sour cream, folded into farm fresh eggs. \$8.29

### Sunrise

Ham, mushrooms, Jack and Cheddar cheese folded into farm fresh eggs. \$7.89

### Farmhouse Favorite

A classic Denver! Diced ham, bell peppers, onions and potatoes fill this omelette. Topped off with melted Jack and Cheddar cheeses. \$8.29

### Helen's Garden Delight

A fresh blend of diced tomatoes, mushrooms, onions, bell pepper and broccoli folded into farm fresh eggs. \$7.99

## What Makes Rykse's Unique?

We use the freshest ingredients. Many of which we purchase from trusted, local farms.

\*Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness.

## Hot off the Griddle

### Buttermilk Pancakes

A family recipe made from scratch! You stack 'em to suit your appetite, then top with maple syrup.

Add meat choice \$1.49 Two cakes \$4.99

Three cakes \$5.99

Loaded with plump blueberries .75 per cake.

### Cake & Egger\*

Two farm fresh eggs teamed with two buttermilk pancakes and your choice of bacon, sausage, ham or turkey sausage. \$6.99

### French Toast

Our homemade oatmeal bread dipped in a sweet egg batter served with butter and maple syrup. Paired with your choice of bacon, sausage, or ham. \$5.99

## Skillet Scramblers

Try our specialty egg scramblers! Prepared with farm fresh eggs and layered with crisp hashbrowns and choice of toast, muffin, pancake or a Rykse's cinnamon roll.

### Portabella Scrambler

Farm fresh eggs are scrambled with strips of grilled portabella mushrooms, tomatoes, green peppers and topped with mozzarella cheese.

\$7.99

### Denver Scrambler

Farm fresh eggs are blended with peppers, onions, ham and topped with Jack and Cheddar cheese.

\$7.89

### Wild Scrambler

We scramble farm fresh eggs with green peppers, onions, sausage, potatoes and Cheddar cheese.

\$7.89

### Asparagus Scrambler

We scramble asparagus, mushrooms, onions, and eggs together and top it off with low-fat mozzarella cheese.

\$7.99

### Avocado Bacon Scrambler

Fresh ripe avocado scrambled with farm fresh eggs, crisp bacon, shredded white cheddar cheese and a touch of tomato. \$7..99

## Lite Meals

### Lite #1\*

One egg, one bacon strip, one sausage, and one slice of bakery fresh toast or pancake. \$4.69

### Lite #3

Two slices of our French Toast served with one egg, one strip of bacon and one sausage link or patty. \$4.79

### Lite #2

Mini cheddar cheese omelette: served with one meat or vegetable of your choice and bakery fresh toast, cinnamon roll or muffin. \$4.89

### Lite #4

Our homemade oatmeal with a slice of toast, muffin, or cinnamon roll. \$3.99

## What Makes Rykse's Unique?

Our recipes are classics that bring back great memories, with flavors that make your mouth go "WOW"

\*Eggs may be cooked to order. Consuming raw or undercooked eggs may increase your risk of food-borne illness.

## Breakfast Sandwiches

### California Breakfast Paninni

Folded eggs with creamy havarti cheese, crisp bacon, ripe tomato, fresh avocado and a touch of fruit. Guacamole Sauce served on the side. \$7.99

### Rykse's Rosemary Walnut Bread Breakfast Sandwich

Folded farm fresh eggs with fresh spinach, white cheddar cheese and turkey sausage. Served with a touch of fruit. \$7.59

### Two Toasted English Muffin Sandwiches

Made with our turkey sausage, overhard eggs and sharp cheddar cheese, served with hashbrowns. \$6.79

### Asparagus Breakfast Wrap

Tender asparagus with softly scrambled eggs, crispy hashbrowns, sauteed mushrooms and shredded white cheddar cheese in a grilled wrap. Served with a touch of fruit. \$7.89

## The Health Club

### Old Fashioned Breakfast

Our homemade oatmeal served with milk, brown sugar, fresh fruit cup or juice, and your choice of toast, muffin or cinnamon roll. \$5.69

For an additional fee add raisins, dried cranberries, bananas, strawberries or nuts.

### Sue's Sun Up Granola & Yogurt

Vanilla yogurt over berries, banana slices and our own homemade granola. \$5.79

### Beater Breakfast Sandwich

Our 95% fat free oatmeal bread, grilled and filled with egg beaters, 99% fat-free ham and low-fat mozzarella cheese. Served with a touch of fruit. \$6.89

### Strawberry Fields Smoothie

strawberries & bananas, creamy vanilla yogurt, and a splash of orange juice \$5.29

## Beverages

Juice: Orange, Apple, Tomato, Kiwi Strawberry

Coffee: regular or decaf

Hot Tea

Iced Tea: regular, raspberry decaf

Milk: skim, 2%, chocolate

Soft Drinks: Coke products

Lemonade: regular or raspberry

Stewarts Draft RootBeer

Orange or Grape Crush

Hot Chocolate

## What Makes Rykse's Unique?

We make our baked goods from scratch. They come fresh from our ovens daily. We don't use pre-made mixes and there are no preservatives.